



## **WALTER MARTIAL ARTS TAE KWON DO**

### **A Summary of Korean Terminology for Tae Kwon Do**

*mahki* : block

*nae* : yes

*chagi* : kick

*ah ni-yo* : no

*chigi* : strike (with the hand)

*kwan-jang-nim* : grandmaster

*goorugi* : rolling/tumbling

*daeryun/kyorugi* : sparring

*dan* : degree

*ahnyong hasayo*: hello/how are you

*chirugi* : punch

*hosinsool* : self-defense

*kihap* : yell

*ho hyoop* : breathing

*sohgi* : stance

*mukyum* : meditation

*dhee* : belt

*kyuk pa* : breaking

*kahm sa hamnida* : thank you

*hak saeng* : student

*pyugi* : stretching

*hangeuk* : korea

*do sa nim* : master

*yoo dan ja* : black belt

